HIV and HCV: From Specialist to Internist Pearls and Pitfalls

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Learning Objectives:

- Be informed of facts surrounding HIV in the US and Oklahoma
- Identify symptoms related to HIV infection
- Understand the diagnostic algorithm of HIV
- Be able to summarize treatment options and clinical care in HIV
- Be informed of facts surrounding hepatitis C in the US and Oklahoma
- Identify symptoms related to hepatitis C infection
- Understand the diagnostic algorithm of hepatitis C
- Be able to summarize treatment options and clinical care in hepatitis C
- Recognize the statistics and importance of identify HIV/hepatitis C coinfection
- Understand the considerations related to treatment of HIV/hepatitis C coinfection
- Develop treatment plans for HIV/hepatitis C co-infection with acknowledgement of drug-drug interactions

HIV

HIV in the US – National Statistics HIV in Oklahoma – State Statistics Clinical Presentation and Care in HIV

HIV IN THE US – NATIONAL STATISTICS

- Approximately 1.2 million people in the U.S. have HIV
- In 2022, an estimated 31,800 people acquired HIV in the U.S.
- Disproportionate impacts:
 - Gay
 - Bisexual
 - Men who have sex with men (MSM)

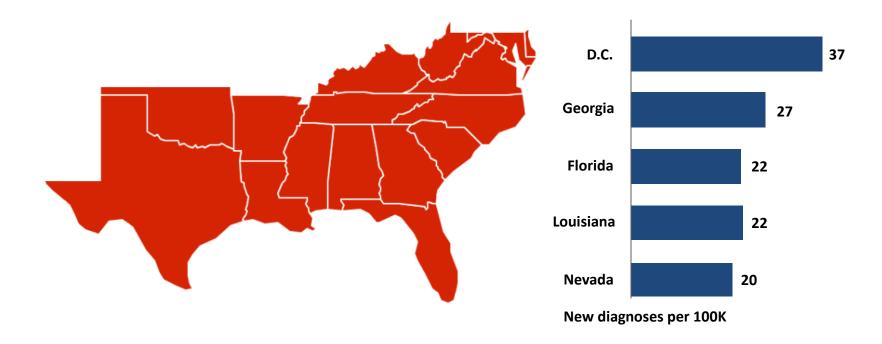
1.2 Million

Approximately how many people are living with HIV in the US (diagnosed & undiagnosed)

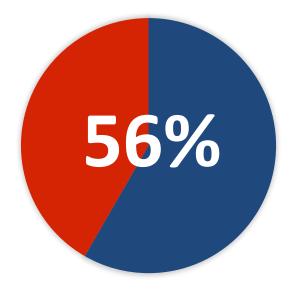
13%

People with HIV who do not know they have it

From 2018 to 2022, new HIV infections decreased 12%

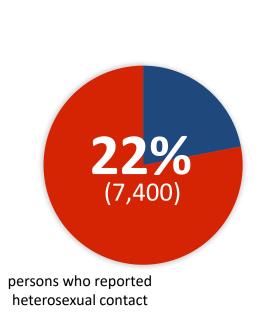


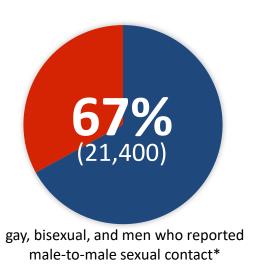
- From 2018 to 2022, new HIV infections decreased 12%
- About 56% of persons aged 13 to 34 accounted for new infections



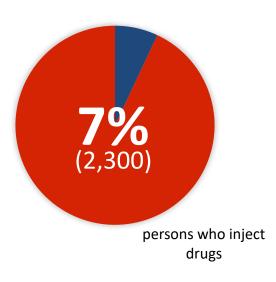
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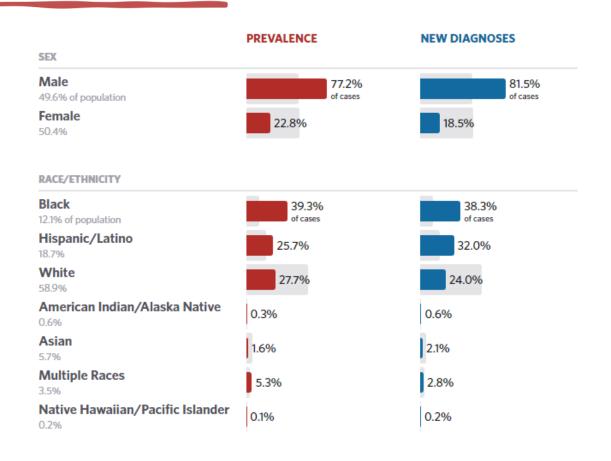








^{*} Includes infections attributed to male-to-male sexual contact and injection drug use (men who reported both risk factors).



HIV IN OKLAHOMA — STATE STATISTICS

- Approximately 7,264 people are living with HIV in Oklahoma in 2022
- In 2022, an estimated 394 people acquired HIV in Oklahoma
- Disproportionate impact in rural Oklahoma

7,264

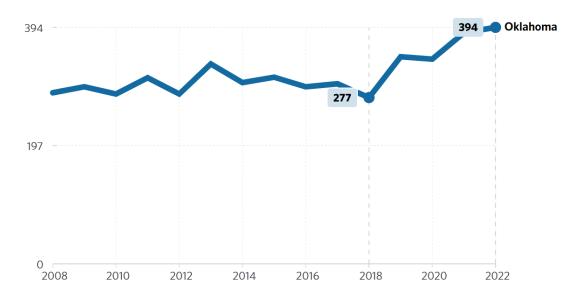
Approximately how many people are diagnosed with HIV in OK

17%

People with HIV that don't know they have it

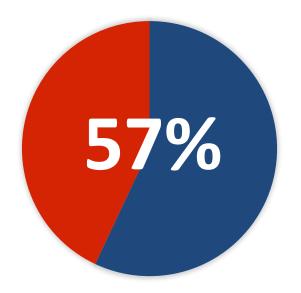
From 2018 to 2022, new HIV infections increased by 42%

NEW DIAGNOSES CASES, 2008-2022

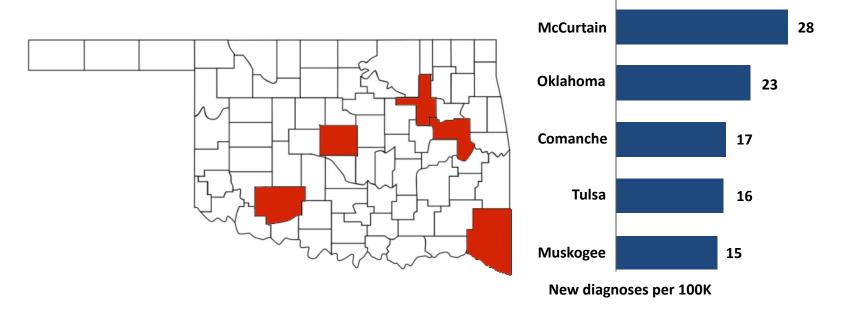


Due to the COVID-19 pandemic, data from 2020 and 2021 should be interpreted with caution.

- From 2018 to 2022, new HIV infections increased by 42%
- About 57% of persons aged 13 to 34 accounted for new infections



Estimated infections in 2022 disproportionally effected specific areas



Estimated infections in 2022 disproportionally effected

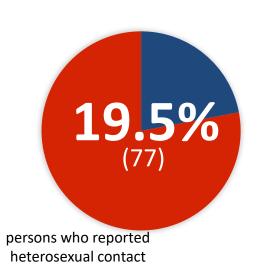
specific areas

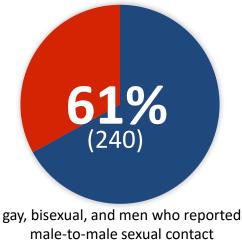


HIV Stigma

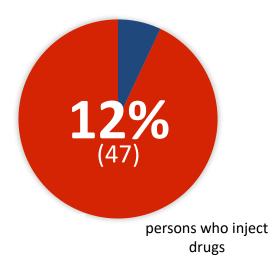


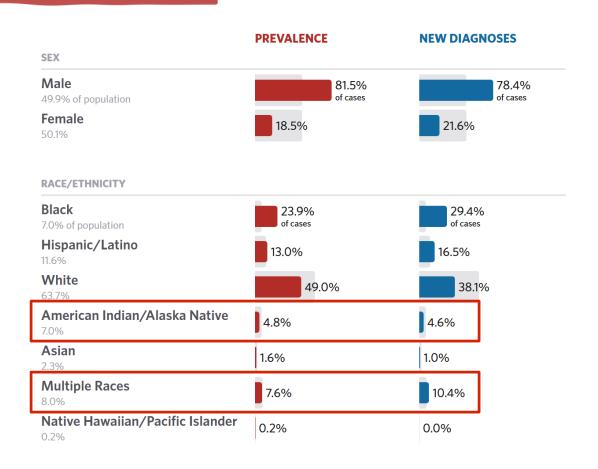
Estimated infections in 2022 disproportionally effected specific populations





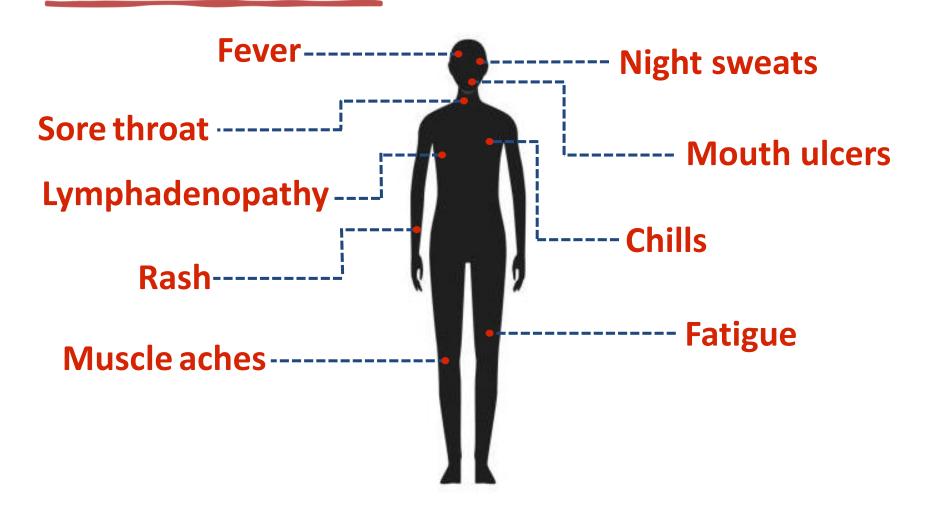






CLINICAL PRESENTATION AND CARE IN HIV

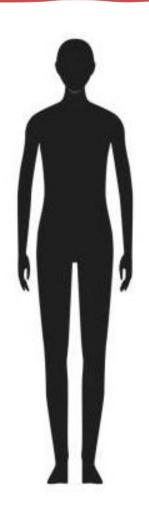
HIV Symptoms



HIV Symptoms

Fever---------- Night sweats Other illnesses present very similarly. Not all is HIV. Lymphadenopathy ----Some individuals don't develop any symptoms at all. ----- Fatigue Muscle aches-----

HIV Stages



Stage 1 – Acute HIV Infection

- Development of flu-like symptoms
- Lots of virus in the blood and very contagious

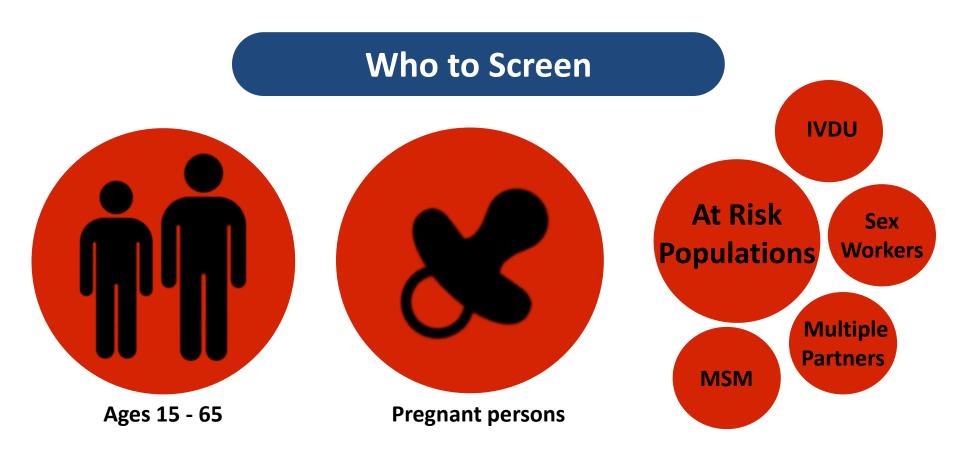
Stage 2 – Chronic HIV Infection

- "Asymptomatic infection" or "clinical latency"
- Virus is active and can be spread if untreated
- Without treatment, typically progresses in 10 years

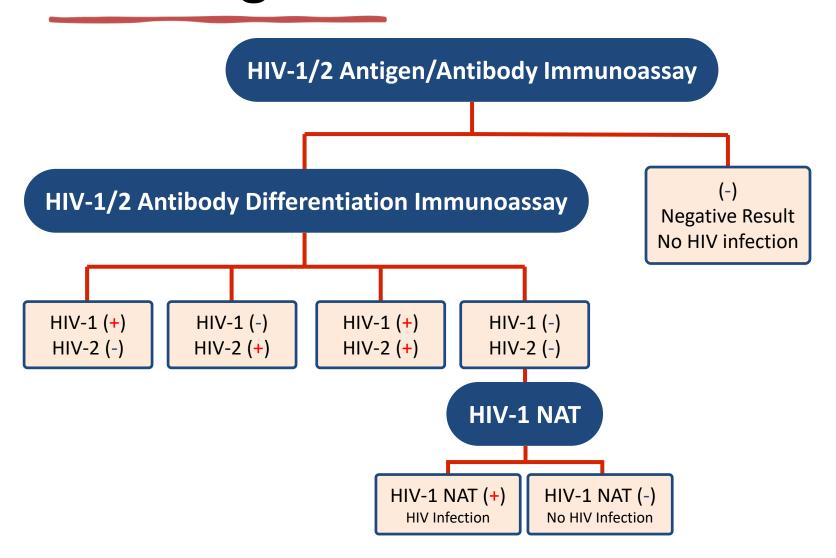
Stage 3 — Acquired Immunodeficiency Syndrome

- Risk of opportunistic infections
- Continued risk of spread if untreated
- Without treatment, life expectancy is about 3 years

HIV Diagnosis



HIV Diagnosis



HIV Clinical Care

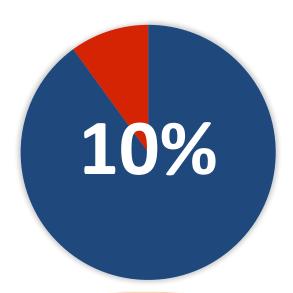
Resistance Testing

1985-89	1990-94	1995-99	2000-04	2005-09	2010-14	2015-19	2020-24	
1987 Zidovudine (NRTI)	1991 Didanosine* (NRTI) 1992 Zalcitabine* (NRTI) 1994 Stavudine* (NRTI)	1995 Lamivudine (NRTI) Saquinavir Mesylate* (PI) 1996 Indinavir* (PI) Nevirapine (NNRTI) Ritonavir (PI) 1997 Combivir* (FDC) Delavirdine* (NNRTI) Nelfinavir* (PI) Saquinavir* (PI) 1998 Abacavir (NRTI) Efavirenz (NNRTI) 1999 Amprenavir* (PI)	2000 Didanosine EC* (NRTI) Kaletra (FDC) Trizivir* (FDC) 2001 Tenofovir DF (NRTI) 2002 Stavudine XR* (NRTI) 2003 Atazanavir (PI) Emtricitabine (NRTI) Enfuvirtide (FI) Fosamprenavir* (PI) 2004 Epzicom* (FDC) Truvada (FDC)	2005 Tipranavir* (PI) 2006 Atripla* (FDC) Darunavir (PI) 2007 Maraviroc (CA) Raltegravir (INSTI) 2008 Etravirine (NNRTI)	2011 Complera (FDC) Nevirapine XR (NNRTI) Rilpivirine (NNRTI) 2012 Stribild (FDC) Truvada (PrEP) 2013 Dolutegravir (INSTI) 2014 Cobicistat (PE) Elvitegravir* (INSTI) Triumeq (FDC)	2015 Evotaz (FDC) Genvoya (FDC) Prezcobix (FDC) 2016 Descovy (FDC) Odefsey (FDC) 2017 Juluca (FDC) Raltegravir HD (INSTI) 2018 Biktarvy (FDC) Cimduo (FDC) Delstrigo (FDC) Doravirine (NNRTI) Ibalizumab-uiyk (PAI) Symfi (FDC) Symftuo (FDC) Symtuza (FDC) Temixys* (FDC) 2019 Dovato (FDC) Descovy (PrEP)	Fostemsavir* (AI) Tivicay PD (INSTI) 2021 Cabenuva (FDC) Cabotegravir (INSTI) Cabotegravir (PrEP) 2022 Triumeq PD (FDC) Lenacapavir (CI) 2024 Rilpivirine PED (NNRTI)	
	For more information, visit <u>HIVinfo.NIH.gov</u> .						HIVinfo. NIH.gov	

HLA-B*5701 Testing

HIV Clinical Care



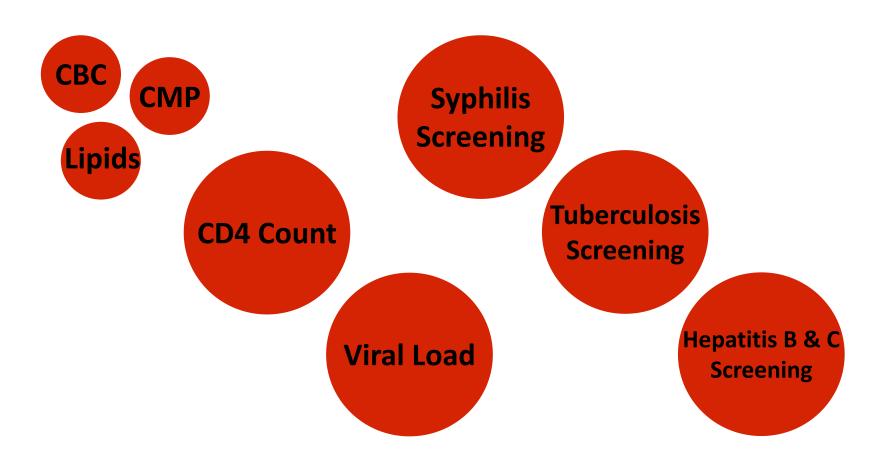






HIV Clinical Care

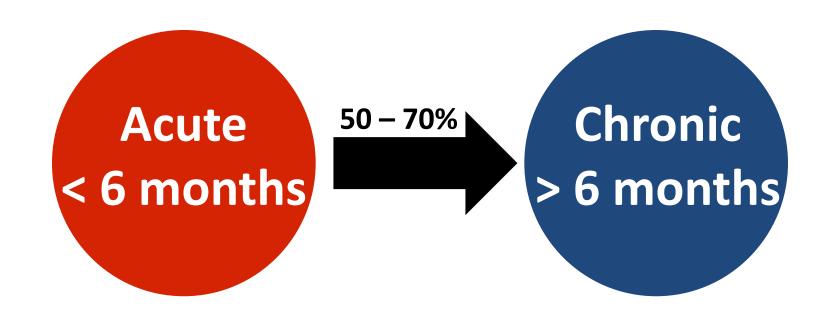
Routine Screenings



Hepatitis C

HCV in the US – National Statistics HCV in Oklahoma – State Statistics Clinical Presentation and Care in HCV

Hepatitis C



HCV IN THE US – NATIONAL STATISTICS

- There's an estimated 2.2 million persons with HCV (acute and chronic)
- In 2021, it's estimated that there were 69,800 new acute infections
- For chronic infections, the reported number is 107,540
- Disproportionately impacts person who inject drugs

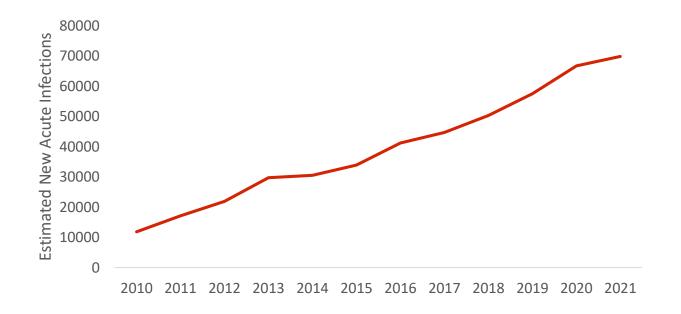
2.2 million

Approximately how many people are diagnosed with HCV

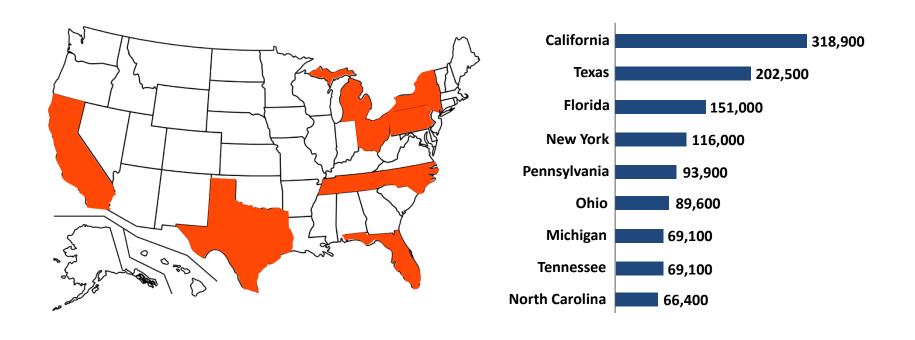
56%

People with HCV that don't know they have it

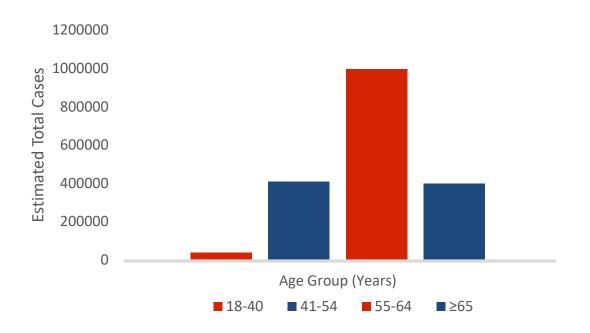
- From 2010 to 2021, new acute cases increased by 492%
- New chronic cases increased by 148%



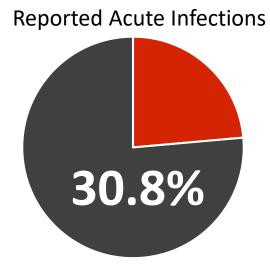
Estimated 2.2 million total HCV cases

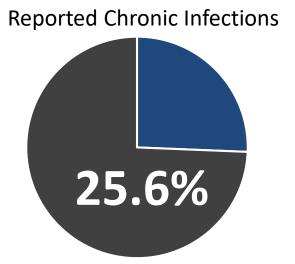


 For total infections, more than 50% of people with HCV are age 55 years or older

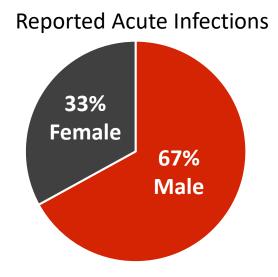


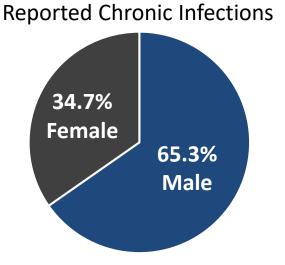
- For total infections, more than 50% of people with HCV are age 55 years or older
- For both new acute and chronic infections, those aged 30-39 make up the majority in 2021



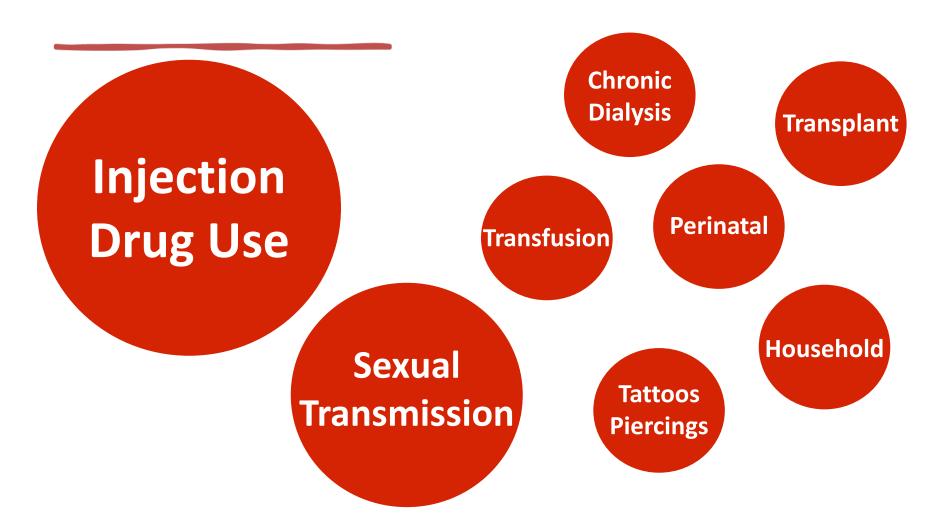


 For both acute and chronic infections, males largely predominant incidences of infection





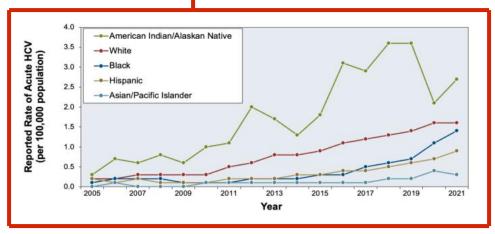
HCV in the US – National Statistics

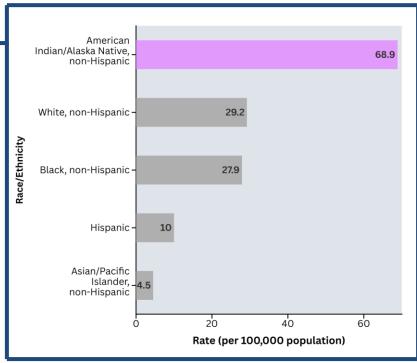


HCV in the US – National Statistics



Reported Acute Cases





HCV IN OKLAHOMA – STATE STATISTICS

- There's an estimated 53,000 persons with HCV in Oklahoma (acute and chronic)
- Oklahoma is #2 in the nation for prevalence of hepatitis C infections
- Oklahoma is #1 in the nation for newly reported chronic infections

53,300

Approximately how many people are diagnosed with HCV in Oklahoma

#1

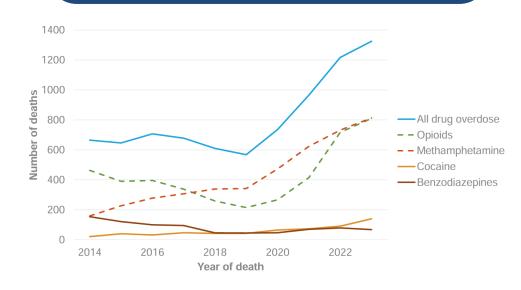
For rate of new chronic hepatitis C infections

Oklahoma Risk Factors



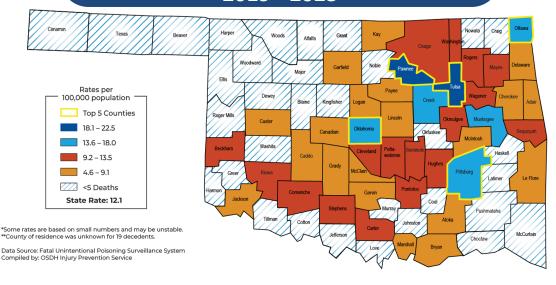


Unintentional Drug Overdose Deaths 2014 - 2023



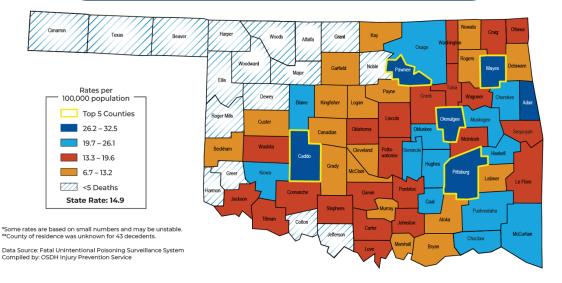


Unintentional Opioid Overdose Deaths 2019 - 2023





Unintentional Meth Overdose Deaths 2019 - 2023



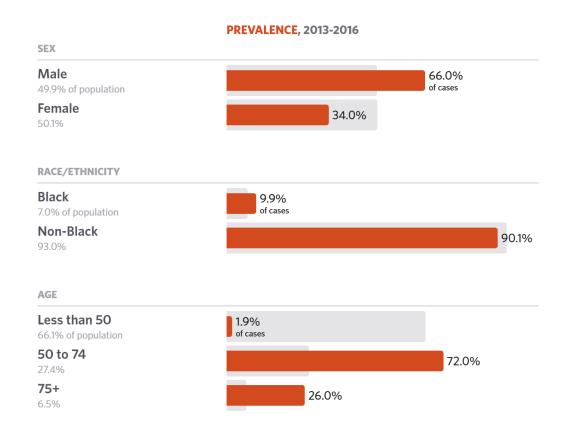
Louisiana 1067 Mississippi 1020 Arkansas 912 Oklahoma 905 Alabama 898 United States 614 Incarcerations per 100K



Incarceration Infection Rates

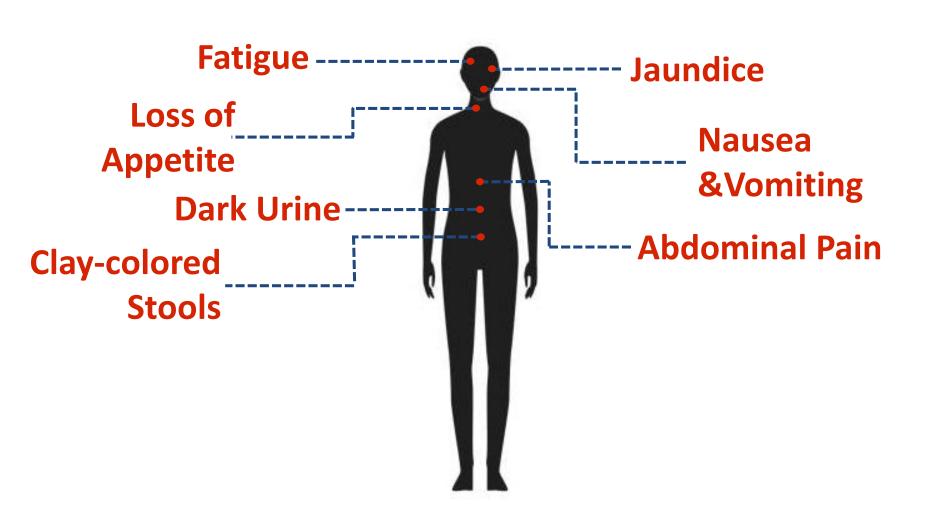




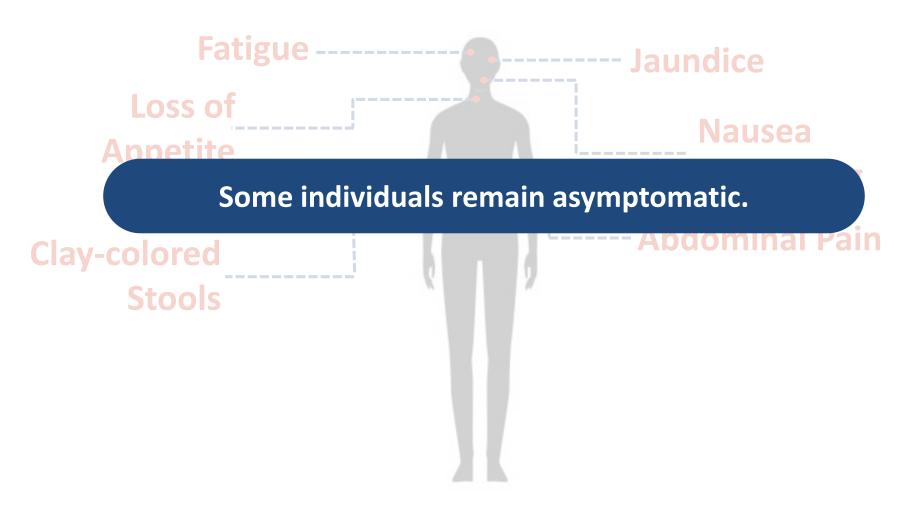


CLINICAL PRESENTATION AND CARE IN HCV

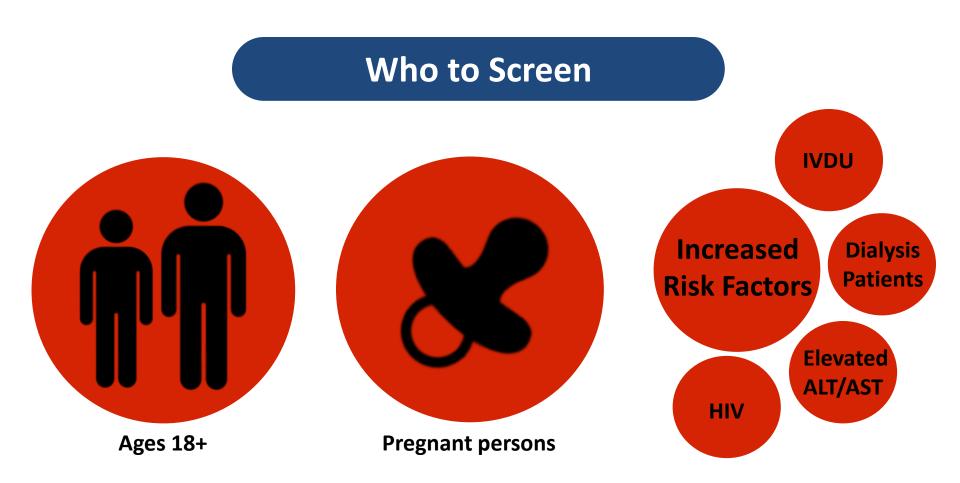
HCV Symptoms



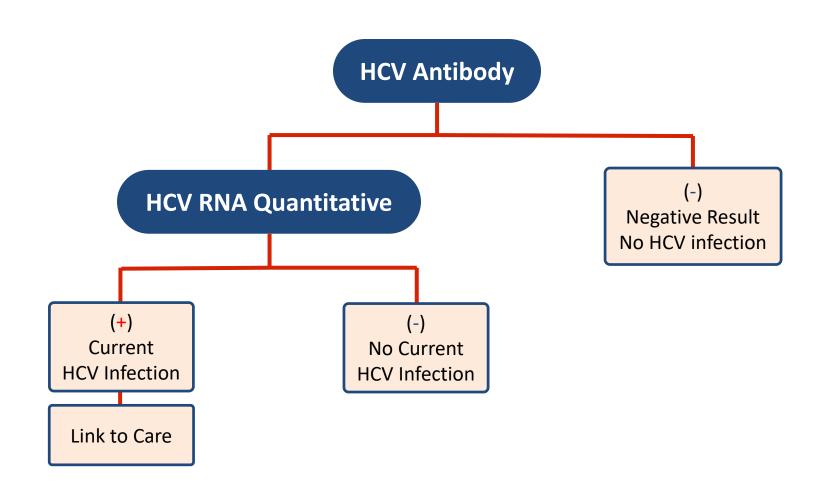
HCV Symptoms



HCV Diagnosis



HCV Diagnosis



Prior to Treatment

CBC

Platelet count

CMP

- AST/ALT
- Bilirubin

Coagulation

INR

Ultrasound

Visualization

Fibrosis

Fibrosis testing

HCV RNA

Viral load

Genotype

Treatment options

Hepatitis A

HAV Antibody

Hepatitis B

- HBsAg, HBcAb
- HBsAb

HIV

Treatment options

Chronic Hepatitis C

Eligible for Simplified

- Adults with chronic hepatitis C, without cirrhosis, and are treatment naïve
- Adults with chronic hepatitis C, with compensated cirrhosis, and are treatment naïve

Not Eligible for Simplified

- Have previously been treated for hepatitis C
- Hepatitis B surface antigen positive
- Current pregnancy
- Known or suspected hepatocellular carcinoma
- Prior liver transplantation

Chronic Hepatitis C

Eligible for Simplified





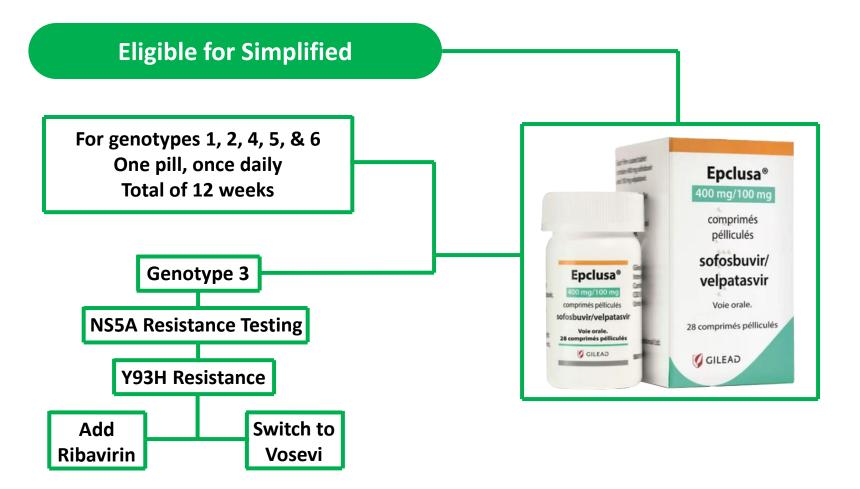
Chronic Hepatitis C

Eligible for Simplified



For genotypes 1-6
Three pills, once daily, with food
Total of 8 weeks

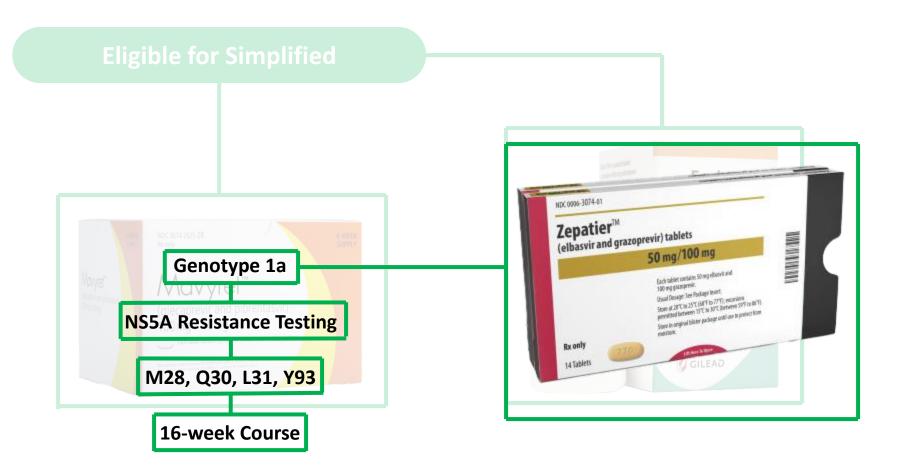
Chronic Hepatitis C



Chronic Hepatitis C



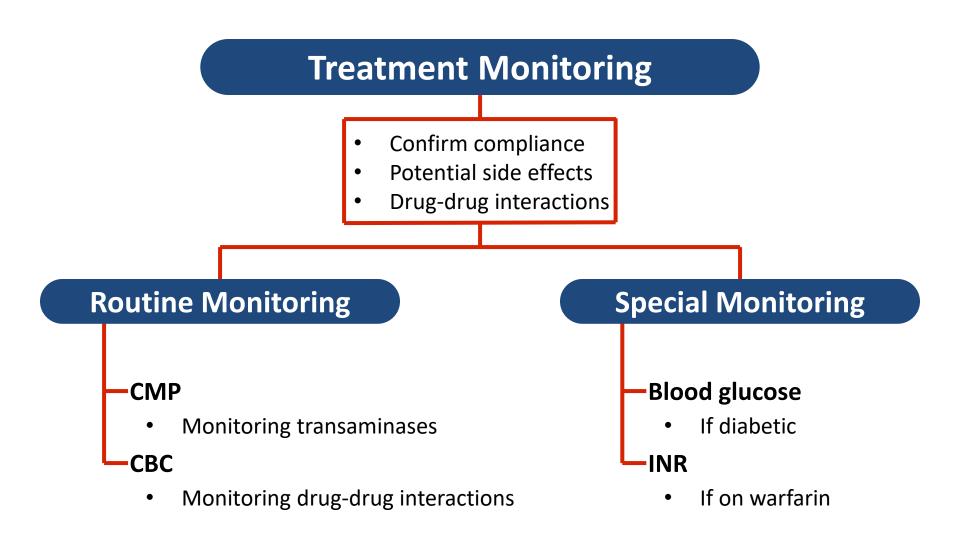
Chronic Hepatitis C



Acute Hepatitis C





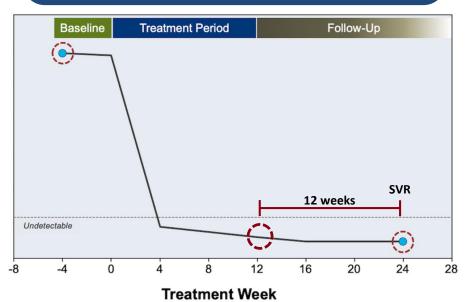


Treatment Monitoring

8-week Treatment Course

Baseline Treatment Period Follow-Up 12 weeks Undetectable 8 -4 0 4 8 12 16 20 24 Treatment Week

12-week Treatment Course



After Treatment

Recurrent Exposures

Presence of Cirrhosis

Annual HCV Screenings

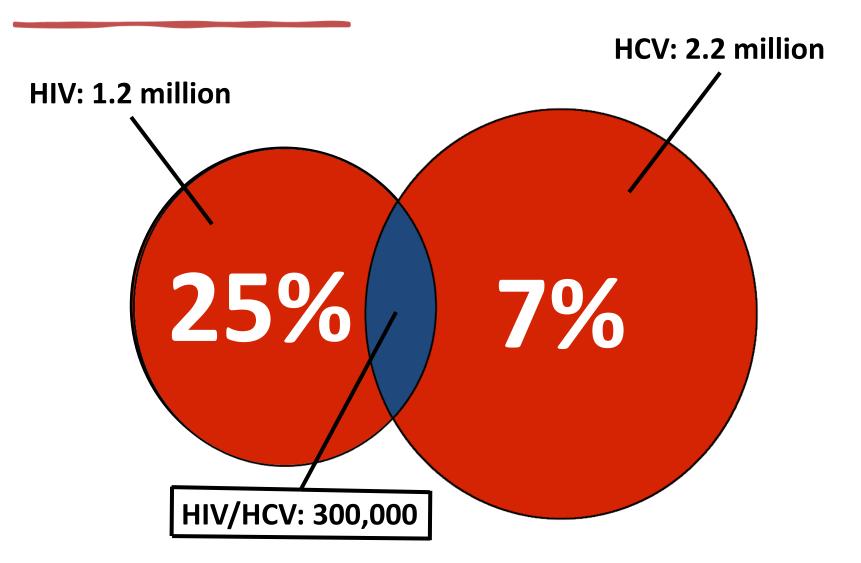
Biannual HCC Screenings

Co-Infection — HIV & HCV

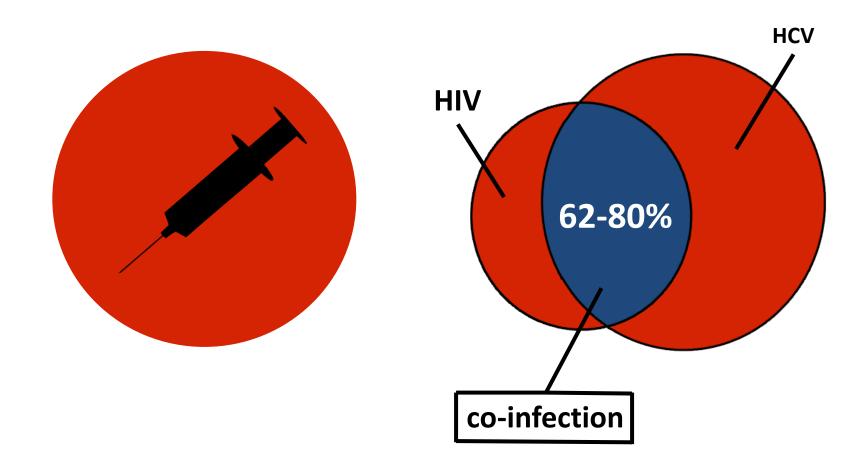
Co-Infection Clinical Information Treatment in Co-Infection

CO-INFECTION CLINICAL INFORMATION

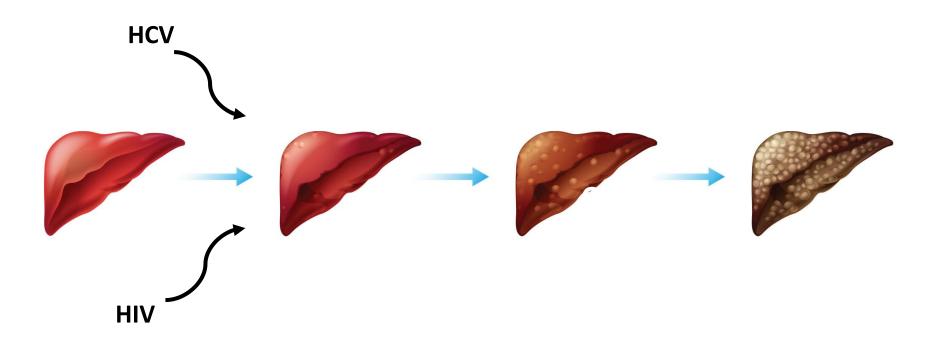
Co-Infection Clinical Information



Co-Infection Clinical Information



Co-Infection Clinical Information



TREATMENT
IN CO-INFECTION

Co-Infection Treatment Considerations

Treatment is always considered.

Slow Disease Progression

Unique Motivation

Co-Infection Treatment Considerations

Additional Considerations

Low CD4

≠

No HCV Treatment

HCV Complications

7

No HIV Treatment

Do not pause HIV treatment

Same outcomes for co-infection and HCV mono-infection

Consider GI/hepatology referral in cirrhosis cases

Co-Infection Treatment Options

Simplified



Not Simplified

- Prior HCV treatment
- Decompensated cirrhosis
- ART with tenofovir DF with CKD
- Certain ART therapies
- Untreated HBV infection
- Pregnancy

Co-Infection Treatment Options

Untreated HBV infection

TDF or TAF + FTC or 3TC

Not Simplified

- Prior HCV treatment
- Decompensated cirrhosis
- ART with tenofovir DF with CKD
- Certain ART therapies
- Pregnancy

		Ledipasvir/ Sofosbuvir (LDV/SOF)	Sofosbuvir/ Velpatasvir (SOF/VEL)	Elbasvir/ Grazoprevir (ELB/GRZ)	Glecaprevir/ Pibrentasvir (GLE/PIB)	Sofosbuvir/ Velpatasvir/ Voxilaprevir (SOF/VEL/VOX)
Protease Inhibitors	Boosted Atazanavir	А	А			
	Boosted Darunavir	А	А			
	Boosted Lopinavir	ND, A	А			ND
NNRTIs	Doravirine		ND		ND	ND
	Efavirenz				ND	ND
	Rilpivirine					
	Etravirine	ND	ND	ND	ND	ND
	Bictegravir			ND	ND	
	Cabotegravir	ND	ND	ND	ND	ND
Integrase Inhibitors	Cobicistat- boosted elvitegravir	С	С			С
	Dolutegravir					ND
	Raltegravir					ND
	Fostemsavir	ND	ND	ND	ND	ND
Entry Inhibitors	Ibalizumab-uiyk	ND	ND	ND	ND	ND
	Maraviroc	ND	ND	ND	ND	ND
NRTIs	Abacavir		ND	ND		ND
	Emtricitabine					
	Lamivudine		ND	ND		ND
	Tenofovir disoproxil fumarate	В, С	В, С			С
	Tenofovir alafenamide	D	D	ND		D



Mavyret (glecaprevir/pibrentasivr)

Three pills, once daily, with food Total of 8 weeks

Component	Example	
Abacavir	Triumeq	
Bictegravir	Biktarvy	
Cabotegravir	Cabenuva	
Dolutegravir	Dovato, Tivicay, Triumeq	
Doravirine	Delstrigo, Pifeltro	
Elvitegravir	Genvoya	
Emtricitabine*	Biktarvy, Descovy, Odefsey, Truvada	
Lamivudine*	Delstrigo, Dovato, Triumeq	
Maraviroc	Selzentry	
Raltegravir	Isentress	
Rilpivirine	Cabenuva, Odefsey	
Tenofovir (DF & AF)*	Biktarvy, Delstrigo, Descovy, Odefsey, Truvada	

^{*}hepatitis B coverage



Component	Example
Atazanavir	Reyataz
Efavirenz	Atripla, Sustiva
Etravirine	Intelence
Nevirapine	Viramune
Ritonavir	Kaletra, Norvir

Mavyret (glecaprevir/pibrentasivr)

Three pills, once daily, with food Total of 8 weeks

Found in Paxlovid



Component Example

Most antiretrovirals!

Epclusa (sofosbuvir/velpatasvir)



Component	Example
Efavirenz	Atripla, Sustiva
Etravirine	Intelence
Nevirapine	Viramune
Tipranavir	Aptivus

Epclusa (sofosbuvir/velpatasvir)



Vosevi (sofosbuvir/velpatasvir/voxilaprevir)

Component	Example	
Abacavir	Triumeq	
Bictegravir	Biktarvy	
Cabotegravir	Cabenuva	
Dolutegravir	Dovato, Tivicay, Triumeq	
Doravirine	Delstrigo, Pifeltro	
Emtricitabine*	Biktarvy, Descovy, Odefsey, Truvada	
Lamivudine*	Delstrigo, Dovato, Triumeq	
Maraviroc	Selzentry	
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^{*}hepatitis B coverage



Component	Example
Atazanavir	Reyataz
Efavirenz	Atripla, Sustiva
Etravirine	Intelence
Lopinavir	Kaletra

Vosevi (sofosbuvir/velpatasvir/voxilaprevir)



Component

Most antiretrovirals!

Harvoni (ledipasvir/sofosbuvir)



Component	Example
Tipranavir	Aptivus

Harvoni (ledipasvir/sofosbuvir)



Zepatier (elbasvir/grazoprevir)

Component	Example	
Abacavir	Triumeq	
Bictegravir	Biktarvy	
Cabotegravir	Cabenuva	
Dolutegravir	Dovato, Tivicay, Triumeq	
Doravirine	Delstrigo, Pifeltro	
Emtricitabine*	Biktarvy, Descovy, Odefsey, Truvada	
Lamivudine*	Delstrigo, Dovato, Triumeq	
Maraviroc	Selzentry	
Raltegravir	Isentress	
Rilpivirine	Cabenuva, Odefsey	
Tenofovir (DF & AF)*	Biktarvy, Delstrigo, Descovy, Odefsey, Truvada	

^{*}hepatitis B coverage



Zepatier (elbasvir/grazoprevir)

Component	Example
Atazanavir	Reyataz
Cobicistat	Genvoya, Prezcobix, Stribild, Symtuza
Darunavir	Prezista
Efavirenz	Atripla, Sustiva
Etravirine	Intelence
Lopinavir	Kaletra, Aluvia
Nevirapine	Viramune

- https://www.hiv.gov/hiv-basics/overview/data-and-trends/statistics?
- Fast Facts: HIV in the US by Age | HIV | CDC
- Understanding the Current HIV Epidemic in the United States AIDSVu
- https://www.cdc.gov/hiv/data-research/facts-stats/index.html?
- HIV Prevention: Oklahoma
- Oklahoma Among Seven States With Highest Rural HIV Burden
- HCV Epidemiology in the United States Core Concepts
- Recommendations for Testing, Managing, and Treating Hepatitis C | HCV Guidance
- Core Concepts Treatment of HCV in Persons with HIV Coinfection Treatment of Key Populations and Unique Situations Hepatitis C
 Online
- Hepatitis C Virus Infection: Adult and Adolescent OIs | NIH
- Table 3.5 Chronic Case Rates by Jurisdiction | 2022 Hepatitis Surveillance | CDC
- Figure 3.2 Acute Case Rates by Jurisdiction | 2022 Hepatitis Surveillance | CDC
- Figure 3.9 Map of Death Rates | 2022 Hepatitis Surveillance | CDC
- Figure 3.3 Acute Map of Case Rates | 2022 Hepatitis Surveillance | CDC

https://map.aidsvu.org/profiles/state/oklahoma/overview

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